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2011 VASL Champions  
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2005 Franklin County Business Of The Year  
2002 PDL Northeast Division Champion  
2001 USL Organization Of The Year  
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## VERMONT VOLTAGE OVERNIGHT/RESIDENTIAL CAMP COVID 2021 PROTOCOLS

This plan will continue to be reviewed and updated as new information from the VT Dept of Health, VT Agency of Commerce and Community, ACA, VT Governor, CDC is received.

Our top priority is keeping our camp community healthy and safe this summer, while offering a meaningful camp experience to our campers!

We are following target occupancy, specific to our setting and population, so as to maximize the opportunity for social distancing.

It is crucial to minimize the risks of spreading COVID 19. The following are designed to maintain health and safety, while running during the summer of 2021:

### 1) Prearrival Protocols: needed for compliance with low-risk, pre-camp behaviors for the 10 to 14 days prior to travel to Vermont.

- a. Use multiple non-pharmaceutical interventions (NPI) at all times unless with and within your single household. This family group is your cohort.
- b. These NPIs are most important: maintaining as strict a cohort as possible outside of mandatory school and direct work requirements or activities needed for the care of children including day camp and childcare, wearing face masks when with anyone not in your household, and conducting any interactions with those outside your cohort outdoors. Do not attend funerals, weddings, or family events (even visits to family members living outside your household).
- c. Do not have playdates or participate in team sports, attend recitals or other such gatherings.
- d. Evidence of a negative PCR test taken within the three days before arrival (and as close to arrival as possible) will be required. A pre-arrival test is not needed if the camper has proof that he/she is fully vaccinated or has recovered from COVID-19 in the past 90 days.

### 2) Arrival and Travel to Overnight Camps

The following should be followed as campers arrive on site:

- a. Travel to camp should be as direct as possible.
- b. Travel should optimally be single day trips with contactless behaviors along the way.
- c. If public transport is the only option, NPIs must be used to minimize contact with others.
- d. **Before entering the camp property, an electronic or hard copy proof of negative test results taken within 3 days prior to arrival must be available to present to the camp administrator.** The VT Health Department's website has information about where to get a test in Vermont. A pre-arrival test is not needed if the camper has proof that he/she is fully vaccinated or has recovered from COVID-19 in the past 90 days. Safe and Healthy Return to Camp Mandatory COVID-19 Guidance for Overnight Summer Camps.
- e. Arrival at camp should be staggered to avoid contact with others not staying and with quick drop-offs and good-byes. Reducing the number of people not enrolled in a session on campus at any given time is recommended.

### 3) Start of Season Precautions

a. Mask wearing must follow the [Vermont Forward requirements](#). When masks are required, exceptions include while sleeping and while eating/drinking.

4. Any camper/staff member who is showing symptoms of COVID (has a cough, fever higher than 100.4, shortness of breath, difficulty breathing, chills, muscle pain, headache, sore throat, new loss of smell or taste, significant rash, discolored nasal discharge, severe ear pain, uncontrolled cough, diarrhea) or who has been in contact with someone with COVID within the last 14 days, is currently sick, has been tested and is awaiting results or is at high risk due to underlying health conditions (heart disease, lung disease, underlying immune disorders, people with HIV) will not be permitted at camp. High risk campers/staff will be able to attend if they have been vaccinated.

5. Staff/campers will wear masks, except: when in the water (swimming), eating, working out on an event, or sleeping.

6. Families doing drop off and pick up are required to wear masks. Drop off and pick up times will be staggered with no direct camp contact with the family member dropping off. Adults will remain in the car until the prescreening of the camper. All paperwork will be handled ahead of drop off. Counselors will bring the camper into camp. (To ensure the safety of our communities, out of state families must exercise extreme caution when traveling to VT)

7. The prescreening upon arrival at Vermont Voltage 2021 will include: well child check, symptom check, and temperature check.

8. If a camper experiences symptoms, that camper would be isolated in a separate area, and sent home as soon as possible.

9. Hand hygiene stations will be set up at the entrance to the pre-screening area and all entrances to the dining room, work out areas and the kitchen.

10. Daily temperature/health checks for staff/campers will be done each AM.

11. Work outs and activities will be outside, whenever possible. Windows and doors will be open in the gyms, dining room and dorms, weather permitting. All areas will be cleaned and sanitized after use.

12. Non pharmaceutical interventions that will be followed: (1)masks (2)outside activities unless inclement weather (3)social distancing (4)good ventilation for indoor spaces (5)handwashing (6)limiting inside exposure.